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## Southdale Sundays

### Communion Service @ 9:30 AM

Southdale recognizes the importance and centrality of the Communion Service. At our communion service, we remember the person and work of the Lord Jesus Christ. A nursery is provided. Find out more at <https://southdale.church/communion-service>

### Fellowship @ 10:30 AM

Enjoy refreshments meet the folks at Southdale!

### Sunday Service @ 11:00 AM

Our Sunday Service includes a time of singing, led by our music team. Music includes both contemporary choruses and traditional hymns. Practical teaching and preaching from God's word follows with the service ending around noon.

Our Sunday School runs concurrently with the service. A nursery is provided.

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## Small Groups

Small groups are an important part of fellowship, teaching and prayer at Southdale. Our small groups are active throughout the week at different times and locations, often meeting in homes. We encourage everyone attending Southdale to align to one or more of these groups for Bible Study, prayer and fellowship.

There are small groups for all ages from Youth, Young Adults, College and Careers, Adult, Women's, Men's and Seniors.

You can find out more at our website. <https://southdale.church>.

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## Our Vision and Mission

### Our Vision

Glorifying God and Caring for all People through Jesus Christ the Lord.

### Our Mission

- Praying for God's Will
- Sharing our Living Faith in Jesus Christ
- Welcoming and Encouraging all People
  - Discipling all Generations to be Worshipers of God

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## Contact

1214 Southdale Road East  
London, Ontario, N6E 1B4

Website: [southdale.church](https://southdale.church)

Email: [contact@southdale.church](mailto:contact@southdale.church)

YouTube: [youtube.com/@southdale.church](https://youtube.com/@southdale.church)

We stream our Sunday services live on YouTube.

## Questions?

Any questions? Feel free to contact the elders at [contact@southdale.church](mailto:contact@southdale.church).

GLORIFYING GOD AND  
CARING FOR ALL  
PEOPLE THROUGH  
JESUS CHRIST THE  
LORD.



SOUTHDALE BIBLE CHAPEL  
1214 SOUTHDALE RD. E  
LONDON, ONTARIO  
N6E 1B4

<https://southdale.church>





## Youth Programs

### Sunday School @ 11:00 am

We have a thriving and active Sunday School program for children. The Sunday School runs concurrently with our Sunday Service at 11:00 a.m.. Your children will enjoy singing and learn important lessons and stories from the Bible. Classes are provided for children from age four to the eighth grade.

### AWANA for Children – Tuesday @ 6:30 pm

Awana is for children aged four to grade six. Activities include Bible lessons, Bible memory work, songs, games and lots of fun. It runs on Tuesday evenings, September through April, starting at 6:30PM.



## Ministries for all ages

We are a vibrant, loving, church that spans all generations, from the very young to seniors. Our ministries include the following:

Nursery
Sunday School for Children
Awana for Children
Youth Group
Young Adults
College and Careers
Adult and Family Small Groups
Women's Small Group
Men's Small Group
Senior's Study and Fellowship

We encourage you to be involved in one or more of these areas and grow with us. Find out more at our website: [southdale.church](http://southdale.church).



## What We Believe

The Bible is the inspired Word of God

God exists in three Persons – Father, Son and Holy Spirit

All have sinned and are separated from God

The Lord Jesus Christ is true God and man

Salvation is by faith in Jesus Christ alone

*See our website for a complete statement of beliefs.*



### Youth Group – Friday @ 7:00 pm

The goal of Southdale Youth is to help young people to increase their knowledge and understanding of Bible truths and to apply these truths in every area and relationship of life.

This is accomplished through regular Bible Study, Social Activities, Conferences/Concerts, and Community Service.

Join us weekly on Friday evenings.



## About us

Southdale Bible Chapel is an evangelical church located in the southeast area of London, Ontario. Originally Hamilton Road Gospel Chapel, the church moved to its present location in March 1988. We are a Bible believing church proclaiming God's Word, worshiping and serving together. We look forward to seeing you!

## Planning a visit?

We invite you to our Sunday Service @ 11:00 am. Most people dress casually.

There is a time of singing led by a music team.

We enjoy a time of Bible teaching through a sermon.

Nursery is available for small children.

We have a Sunday School for children.

# Southdale Bible Chapel

## Communion Service – It’s Biblical Basis and Practice



God instructed the church and Christians to practice two ordinances, specifically “Believers Baptism” and the “Lord’s Supper”.

Southdale Bible Chapel recognizes the importance and centrality of the “Lord’s Supper”. We have a weekly Sunday service at 9:30 a.m., called the Communion Service, where we obey this ordinance. We believe that this time of remembrance is critical to the spiritual well being of every believer and of the church fellowship in its totality. We encourage each person in fellowship to attend often.

### Biblical Teaching on Communion

The Lord knows our weakness and wants us to never forget His sacrifice and its eternal benefits to us. The Lord Jesus instituted the Lord’s Supper just prior to going to the cross to give His life. We see from the accounts in the gospels ([Matthew 26:17-30](#), [Mark 14:12-26](#), [Luke 22:13-23](#)) and Paul’s teaching in 1 Corinthians ([1 Cor 10:16-17](#), [1 Cor 11:23-34](#)) that, in its essence, communion is meant to be a simple memorial around the common elements of bread and wine. Additionally, we see:

- It is an act of obedience ([1 Cor 11:23](#))
- It is to be done regularly and frequently ([1 Cor 11:26](#), [Acts 20:7](#))
- It is meant to keep our lives pure ([1 Cor 11:27-28](#))
- It is fellowship with God, and each other ([1 Cor 10:16-17](#))
- It is to be focused on His sacrifice for our sins ([1 Cor 11:26](#), [Luke 22:17-22](#))
- It is a remembrance ([1 Cor 11:24](#))
- It is a proclamation to all ([1 Cor 11:26](#))
- It is a time of thanksgiving ([1 Cor 11:24](#))
- It is in anticipation of His coming ([1 Cor 11:26](#), [Luke 22:16](#))

Practically, the time of remembrance can be short. It is focused on the breaking of the bread and sharing the cup in thankfulness. By doing this, we fulfill God’s expectation of us. The additional elements of the Communion service have developed through many years of tradition. Traditions are

important and helpful ([1 Cor 11:2](#)), but should never be held up as the only way. We encourage an openness in the context of the Communion service.

### Typical Elements of the Communion Service at Southdale Bible Chapel

If you attend a Communion Service, you will notice most, if not all, of the following elements of worship in the service. Most elements are not pre-planned, but are open to the leading of the Holy Spirit as He points us to the Lord Jesus Christ and His sacrifice.

Christian men, in healthy fellowship with God and fellow believers, can participate audibly in the service.

- Short opening and welcome
- Scripture reading focused on Christ
- Sharing of a passage in Scripture
- Singing of hymns and choruses of praise and remembrance
- Prayers of thanksgiving
- Prayer for the bread followed by partaking of the bread
- Prayer for the cup followed by partaking of the cup
- Taking of the offering
- Closing and Dismissal

### Guidance for Attendance and Participation in the Lord’s Supper

The following are guidelines for attendance and participation:

- **Be there.** If you are a Christian, follow the Lord’s command and attend on a regular basis. Jesus said to His followers “*Do this in remembrance of me.*” [Luke 22:19](#).
- **Be right.** Remembering the Lord requires that we examine ourselves before we take part and confess any sin ([1 Cor 11:27-28](#)). If there is anything between you and another Christian, it should be settled before coming

# Southdale Bible Chapel

## Communion Service – It's Biblical Basis and Practice



([Matthew 5:24](#)).

- **Be prepared.** Not necessarily to share audibly, but to worship and remember Him.
- **Be brief.** If you do share, be mindful of the time and share succinctly. If you are opening the service, be brief (no longer than 10 minutes).
- **Be heard.** Speak loudly and clearly enough to benefit all in attendance. If you share we ask that you speak from the front of the auditorium using the microphone.
- **Be focused.** Be focused on Christ, the cross and our glorious hope. [1 Cor 11:26](#) *For whenever you eat this bread and drink this cup, you proclaim the Lord's death until He comes.*
- **Be open.** As mentioned, there are few actual constraints in the service, so be open to the Spirit's leading. There is nothing wrong with remembering the Lord early in the service and having a time of sharing or worship later. Differing perspectives and styles are welcome providing they point us to Christ.
- **Be aware.** Be aware of the time, and help to ensure we close the service by 10:30 am. This will allow us time for fellowship and setup for the Family Bible Hour that follows.

### Additional Frequently Asked Questions (FAQ)

**Do I have to be baptized to participate?** The only requirement for participation is that you must be a born again Christian. We encourage all Christians to be baptized as soon as possible after receiving Christ as their Lord and Savior.

**Can children take the emblems?** Yes, young children can take the emblems, providing they are Christians and understand the importance of the remembrance. We rely on parents to use their discretion in this.

**Do I have to be in fellowship at Southdale Bible Chapel to participate?** No, the only requirement is that a person is a Christian, walking in fellowship with the Lord ([1 Corinthians 11:28](#)).

**Why are men only permitted to share audibly?** We acknowledge the significant role that women play in many areas in the church. Scripture is specific however, that in certain cases men are expected to lead, often when the entire local church meets together. We believe that the Communion Service is such a gathering and therefore [1 Corinthians 14:34](#) and [1 Timothy 2:12](#) apply. Therefore, only men can lead audibly in worship and remembrance.

**What role is there for those who don't participate audibly?** Scripture is clear that we are all priests before God ([1 Peter 2:9](#)). Each person needs to be an active participant in bringing praise to God, in song, prayer and meditation, exalting the person and work of Christ. This can be audibly or in silence.

**Why do men share from the front of the auditorium?** It is important that the congregation can hear. We are in a large auditorium, so we ask that men who do pray or share, do so from the front of the auditorium. It also allows us to stream audio and video to those unable to attend in person. We share the link to the service those in fellowship at Southdale Bible Chapel.

**Why do you use grape juice and not wine?** We are sensitive to people that may have a problem with alcohol and therefore have chosen to use grape juice (still the fruit of the vine) in the service.